

## **Caitlin Walls**

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## **OBJECTIVE**

I am licensed professional counselor of mental health and licensed associate art therapist with a Master's in Art Therapy. I am also currently working towards my ATR. I am passionate about providing high quality ethical care to underserved populations. In my work I utilize a social justice approach to assist with minimizing barriers while increasing accessibility to services. My theoretical approach utilizes a trauma informed perspective while integrating person centered, strengths based, and attachment work to understand the core needs of each individual person. I also focus on integrating CBT and mindfulness to help build the skills necessary for long term success as defined by each individual. My strengths and specialties also include a deep dedication to growth and learning, my knowledge and skillset within the field of art therapy, integration of neuroscience, crisis intervention, psychiatric evaluations, and identity development.

## **EDUCATION**

**Master's | 2020 | Lewis and Clark College**

Major: Art Therapy

**Bachelor's | 2015 | Delaware State University**

Major: Studio Art

## **LICENSURE**

- LPCMH- Licensed Professional Counselor of Mental Health; PC-0011332
- LAAT- Associate Art Therapist; AS-0010001

## **EXPERIENCE**

**Mental Health Clinician | Centurion- Howard R. Young Correctional Institution | 4/2021-PRESENT**

- Provide mental health services to adults within a correctional setting
- Facilitate art therapy groups and individual art therapy sessions
- Develop therapeutic art therapy directives
- Clinical documentation
- Treatment planning
- Psychiatric Close Evaluations
- Intake assessments
- Crisis intervention
- Attend treatment team meetings
- Case consultations with a multi-disciplinary team

**Juvenile Counselor | Washington County Juvenile Department-Harkins House | 9/2019-9/2020**

- Provide mental health services to adolescents with pending legal allegations.
- Facilitate art therapy groups and individual art therapy sessions
- Develop therapeutic art therapy directives
- Clinical documentation
- Attend legal court appointments
- Attend weekly treatment team meetings

**Art Therapy Intern | Telecare Recovery Center at Woodburn | 9/2018-5/2019**

- Provide mental health services to adult males who are living in a residential facility mandated by the Psychiatric Security Parole Board and have pled Guilty Except for Insanity.
- Develop therapeutic art therapy directives
- Clinical documentation
- Case consultations